Why did that actually happen?

Tomorrow's Leaders Today · Nobody collects this page. It is yours.

EXERCISE 1 · Sharpen your miss

One sentence. What happened, and how many times.

My miss in one sentence:

Two checks before you move on:

Does it say how many times it happened? Did you cross out anything that explains WHY? Save that for exercise 2.

EXERCISE 2 · Ask why five times

Each answer becomes the next question. Do not stop at one.

Why 1.

Why 2.

Why 3.

Why 4.

Why 5.

Circle your last answer. That is your best guess at the real cause.

THE 60 SECOND CHECK

Go back through your five whys.

Anywhere you named a person, including yourself, rewrite it as something that happened instead.

"I'm just lazy" is a dead end. "I started it the night before" is something you can change.

One thing I could actually change:

How will I know in two weeks whether it worked?

Keep this page. Look at it again in two weeks.